

St Bede's Inter-Church School Netball KS3 Curriculum Map

Year 7	Year 8	Year 9
Ball Handling – Catching whilst stationary Catching on the move	Ball handling – Catching on the run Catching in the air	Ball handling – Catching on the run Catching in the air Catching and turning in the air One handed catching
Passing – Basic Techniques over a short distance: Chest Pass Shoulder Pass	Passing – Basic Techniques – greater accuracy and efficiency over a mid-distance. Timing & Support Play: Chest Pass Shoulder Pass Bounce Pass Overhead Pass	Passing – Greater accuracy and efficiency over a mid to long distance. Use of space and court linkage Appropriate pass selection: Chest Pass Shoulder Bounce Pass Overhead Pass Bullet Pass One Handed
Footwork: Stopping 1 -2 Landing	Footwork: 2 Footed 1-2 Landing Pivoting Recovery Step	Footwork: 2 Footed 1-2 landing Stepping on
Attacking: Outwitting opponent Basic Dodging Techniques – Drive Feint Single Attack moves Basic Attacking strategies	Attacking: Outwitting opponent Dodging Techniques – with improved timing and effectiveness Offer & Re-Offer Combining Attack Moves Basic Attacking Strategies	Attacking: Outwitting opponent Dodging – advanced techniques – Roll Jumping or Elevating Combining Attacking Moves Responding to turn overs Advance Attacking Strategies
Defending: One-on-one	Defending: One-on-one	Defending: Defending off the player

Front Stance Marking the ball Intercepting	Front Stance Side Stance Back Stance Intercepting Defending Positional Roles & Tactics Defending in the D – GD & GK Marking the ball Defensive Rebounding Doubling Up	Intercepting Defending: Positional roles and Advanced Tactics Blocking Out Defending in the D – GD & GK – Advanced Techniques Pressing & Zoning
Creating Space – exploring ideas to create space	Creation of space and moving ball through channels	Exploiting space – Switching play
Shooting - Stationary	Shooting –Australian High release Caribbean Technique Moving to shoot Offensive rebounding	Shooting – Stepping before a shot Australian High Release Caribbean Technique Split Techniques Attacking Strategies in the D
Understanding Positions and Responsibilities	Tactical awareness of positions and court responsibilities	Advanced positional understanding – attacking and defending
Game Play- Overloaded Small sided conditioned Half-Court Game	Game Play – Small sided Half-Court Full Court	Game Play – Small sided Half-Court Full Court
½ Court High 5's 7 aside Game	7 aside Game	7 aside Game
Basic Rules of the game – Penalty Pass	Basic Rules Full Court Game Interpreting the rules	Advanced Rules Full Court Game
Basic Strategies – Centre Pass Free Pass Penalty Pass Throw-in	Basic Strategies – Centre Pass – using the split Wide start Defending the Centre Pass –	Advanced Strategies including: Attacking Strategies Defending Strategies

<p style="text-align: center;">Toss-Up</p> <p>Basic Positional Roles and Tactics</p>	<p>Pressuring the pass Double-Defence</p> <p>Basic Attacking Strategies/Tactics –</p> <p>Basic Defending Strategies/Tactics -</p>	<p>Centre Pass –advance strategies – back door</p> <p>Defending the Centre pass – Dictating the line of attack Down the court attack</p> <p>Set plays</p>
<p>Identifying basic strength and weaknesses of peers and suggesting ways to improve</p> <p>Umpiring – Understanding the basic rules of the game</p>	<p>Evaluating and Improving - Evaluate and suggest how to improve their team’s performance.</p> <p>Umpiring – understand the rules of netball and to officiate small sided games effectively</p>	<p>Evaluating and Improving team performance in attack and defence and implementing ways to improve.</p> <p>Umpiring – Full Court game</p>
<p>Understanding how to Warm Up and Cool down effectively</p>	<p>Leading peers in a small group warm up</p>	<p>Creating and leading Warm –Ups Leading small group practices and devising drills</p>